

ARCHERY in Limousin

21 June - 26 June 2023



Archery in the cycle of nature

In the mirror of nature we experience ourselves in archery in the NOW, with our memories, imprints as well as our wishes and dreams. We focus on the philosophy of permaculture, the four seasons, the four directions and the four phases of life.

Accompanied by bodywork and exercises in silence that support our mindfulness and perception, we turn to the process of archery and are in contact with individual subjects.

Cornelia Baumgart, archery trainer and coach in intuitive and therapeutic archery

Maria Sperring, Expert in permaculture and garden designer - Le Blé en Herbe, France www.bleenherbes.com

When 21 - 26 June 2023 / Arrival 21 June 2023 for lunch

Where Guest house „Le Blé en Herbe“ Puissetier , 23350 La Cellette, France

Costs course Archery & Permaculture 385 € / rental fee bow 25 €

Accommodation 7 nights with FB in the guest house 343 € / camping 308 €